



Day by day is an e-mail bulletin, with the purpose of conveying Sesha's teachings on Non-duality and their relevancy in our everyday life.

This bulletin **can be re-sent** to anyone interested in a personal quest, in knowing him/herself and in the Final Reality.

The greatest pedagogic act is to create
a continuum of surprise.

Sesha

SURPRISE AS A PEDAGOGIC MECHANISM.

The profound degree of attention that children devote to everything they experience is well known. Their capacity is such, that they succeed in learning several languages in three years or so, not to mention all the other developments they go through in other facets of life at the same time

Little children have a marvellous capacity for surprise. They respond to it in a simple manner; all it needs is for them to find an event pleasing. They immediately give it all their attention. Even after a bump that induces pain, something amusing that happens will immediately make them forget the pain, as all their attention is completely shifted to the new event.

The continuous surprise with which children view the World leads them to be in a continuous "present". We usually lose this as we grow up, replacing this continuous "present" that they are aware of by a flashing of past and future instants.

While surprise operates doubt does not exist; here we have the great pedagogical key. Since attention is given to a surprising event, reasoning ceases and a fleeting interval is established where there is only understanding without reason getting in the way.

Surprise is a kind of "present". The utmost pedagogical act is in creating continuous surprise; this implies not only expressing ideas verbally, but sometimes a simple hand movement or expression of awe in a simple gesture of surprise.

Nature surprises us by its harmony, thus contemplation is a constant experience of awe. Learning is an act of fleeting surprise, so that it is an instant of full awareness; here knowledge is expressed without any intermediation whatsoever. Awe, which brings about the creation of philosophy, is akin to surprise; with it knowing manifests as a clear recognition of the universe that surrounds us.

It would be extraordinary if schools around the world promoted education through the use of awe: by teaching teachers to fall in love with education and transmit it with this special intensity of knowledge and love, as exceptional sources of the continuous present.

From this point of departure, from the continuous present, there arise unique forms of cognition which in the end lead to non-dual Cognition.

To know more about **Sesha** you can go to www.vedantaadvaita.com or www.sesha.info where you will find information on his books in addition to articles, interviews in text form, video, recordings and dates of courses and seminars.